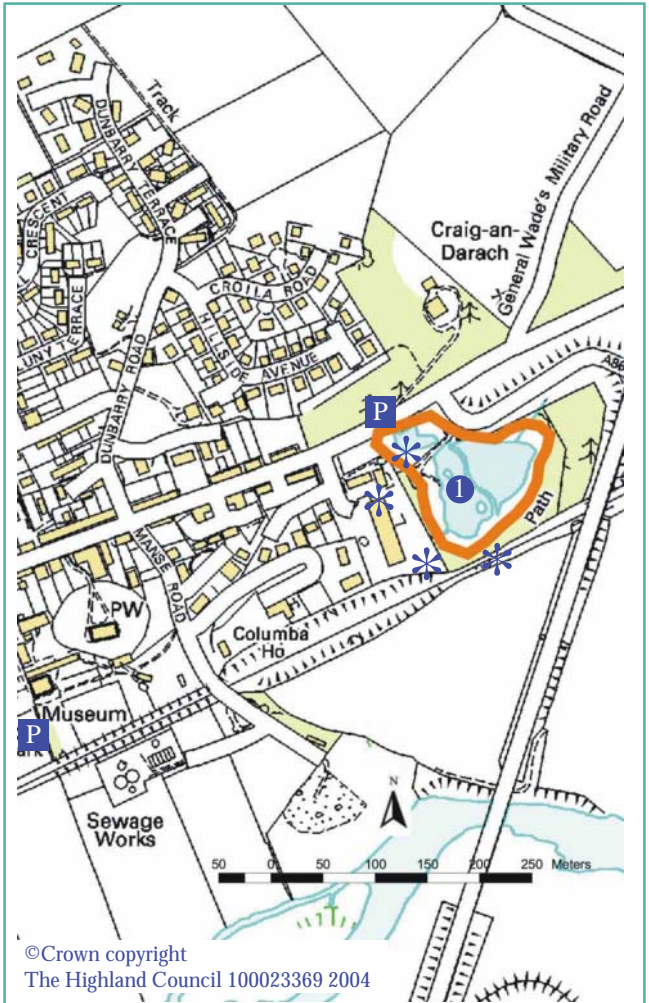


# Independent Walks Around *Kingussie*

## Route 1: The Glebe Ponds



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## Route 1 The Glebe Ponds

A quiet haven away from the hustle and bustle of town life! Look out for the ducks; they might well start bombing you for food! Both domesticated and wild make their homes here amongst the reeds and rushes. Look out for the gorgeous flowers in the springtime. Wheelchair accessible. Lay-by right by the entrance.

### DISTANCE:

Approximately 500m.

### TIMING:

Approximately ½hr.

### SURFACE:

Flat footpath and boardwalk.

### OBSTACLES:

None.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with ✨

### Things of interest to look out for:

① Ponds



#### Step it Up! Highland

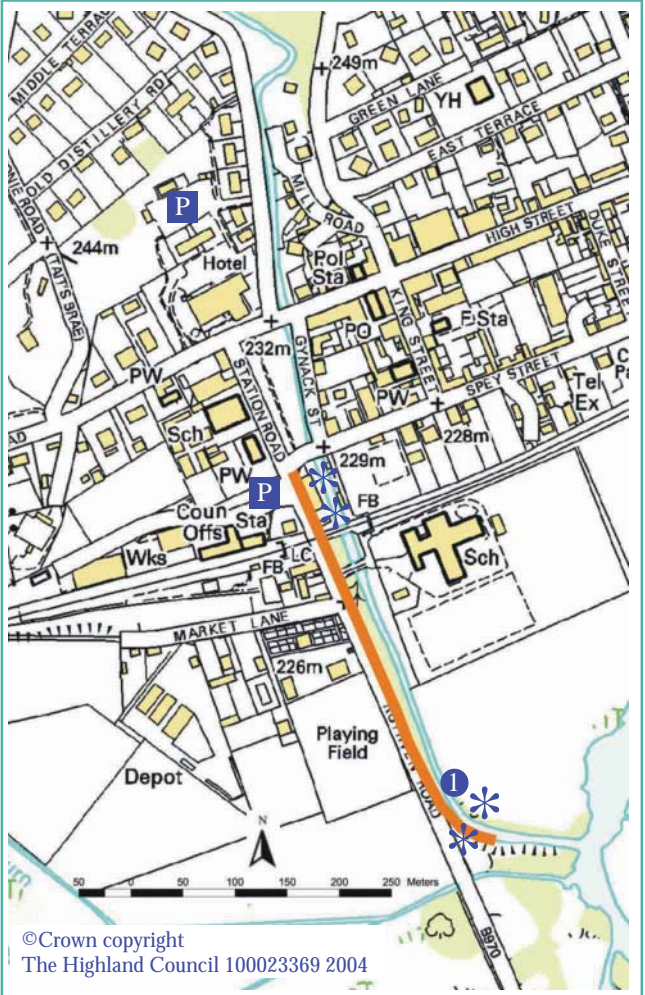
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# Independent Walks Around *Kingussie*

## Route 2: Jubilee Walk



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## Route 2 Jubilee Walk

Walk through the majestic Scots Pines trees and marvel! These trees house many species of wildlife too small for the casual observer, stop and wonder for a wee while. During the early autumnal months the heather turns a wonderful purple. Look out for the small birds chirruping through the branches.

### DISTANCE:

Approximately 600m (return trip).

### TIMING:

Approximately ½hr.

### SURFACE:

Grassy path.

### OBSTACLES:

Some tree roots.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with ✱

### Things of interest to look out for:

- 1 The River Gynack



#### Step it Up! Highland

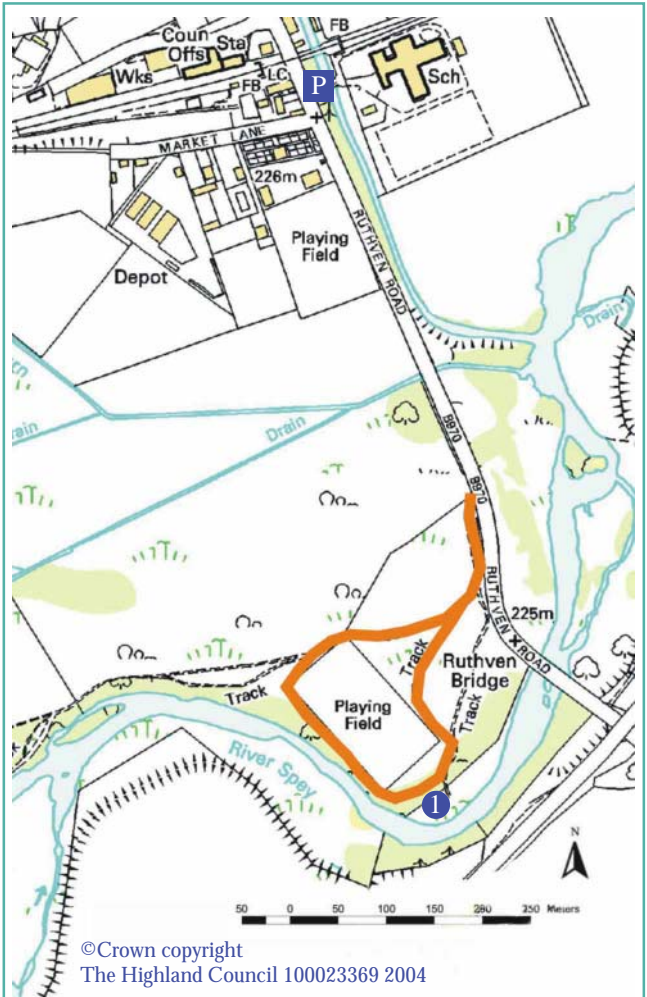
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# Independent Walks Around *Kingussie*

## Route 3: The Dell



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## Route 3 The Dell

Another name for the Kingussie shinty pitch! A very important sport hereabouts as Kingussie claims to be the home of this popular ancient sport. Walk around the pitch and down to the river. Look out for the salmon jumping and the wading birds that nest in the immediate area.

### DISTANCE:

Approximately 1km.

### TIMING:

Approximately ½-1hr.

### SURFACE:

Flat with some rougher patches.

### OBSTACLES:

Loose stones. Not suitable for wheelchairs.

### CAR PARKING: **P**

Informally along the road in the town and at Ruthven Barracks.

### REST POINTS:

Marked on the map with ✱

### Things of interest to look out for:

- 1 River Spey



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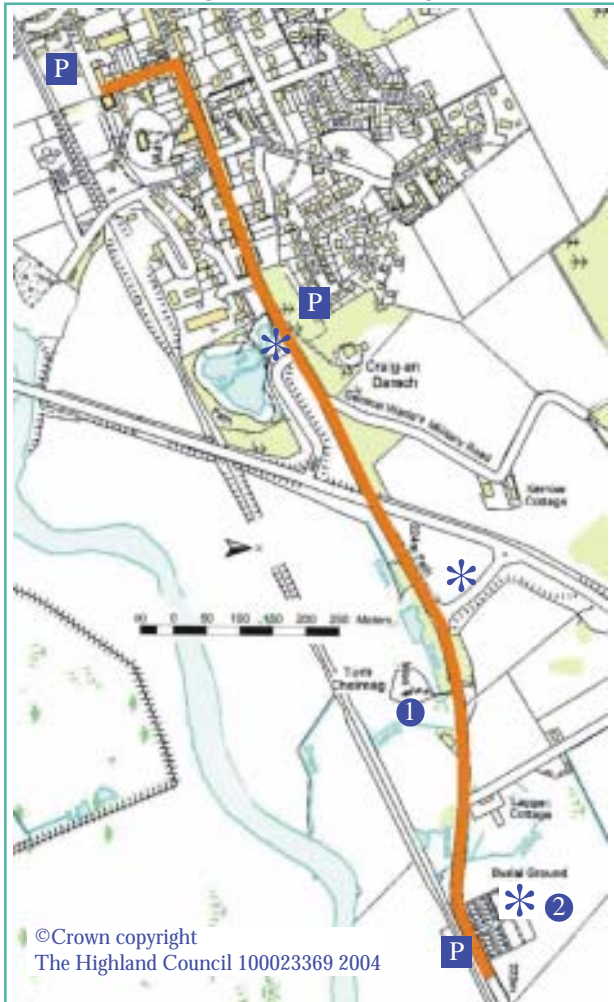
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# Independent Walks Around *Kingussie*

## Route 4: Kingussie Cemetery



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## Route 4 Kingussie Cemetery

A gentle walk leading out of the town. Watch the waders as you wander down the road through the spring and summer months and listen to their plaintive cries. Sit for a while in the cemetery and enjoy the peace and quiet. The views are fantastic!

### DISTANCE:

Approximately 1.5km (one way).

### TIMING:

Allow approximately 1-2hrs.

### SURFACE:

Pavement and tarmac.

### OBSTACLES:

None. Suitable for wheelchairs.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with ✱

### Things of interest to look out for:

- 1 Witches Hill
- 2 Cemetery



### Step it Up! Highland

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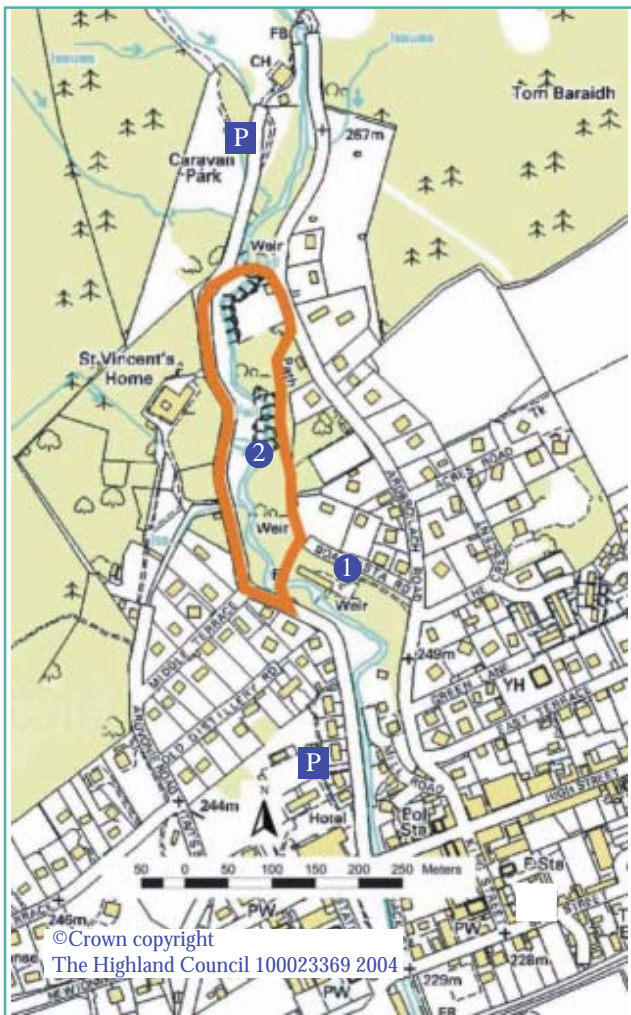
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# Independent Walks Around *Kingussie*

## Route 5: Hazel Woods



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## Route 5 Hazel Woods

Enjoy the experience of the River Gynack tumbling down over the rocky gorges through these lovely hazel woods. Look out for the red squirrels that munch their way through the hazel nuts late summer and early autumn, while waiting for their favourite pine cones to ripen. Bluebells abound in the springtime.

### DISTANCE:

Approximately 1km.

### TIMING:

Approximately ½-1hr.

### SURFACE:

Tracks through the woods.

### OBSTACLES:

Tree roots, series of steps.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with ✱

### Things of interest to look out for:

- 1 Old Tweed Mill
- 2 River Gynack



#### Step it Up! Highland

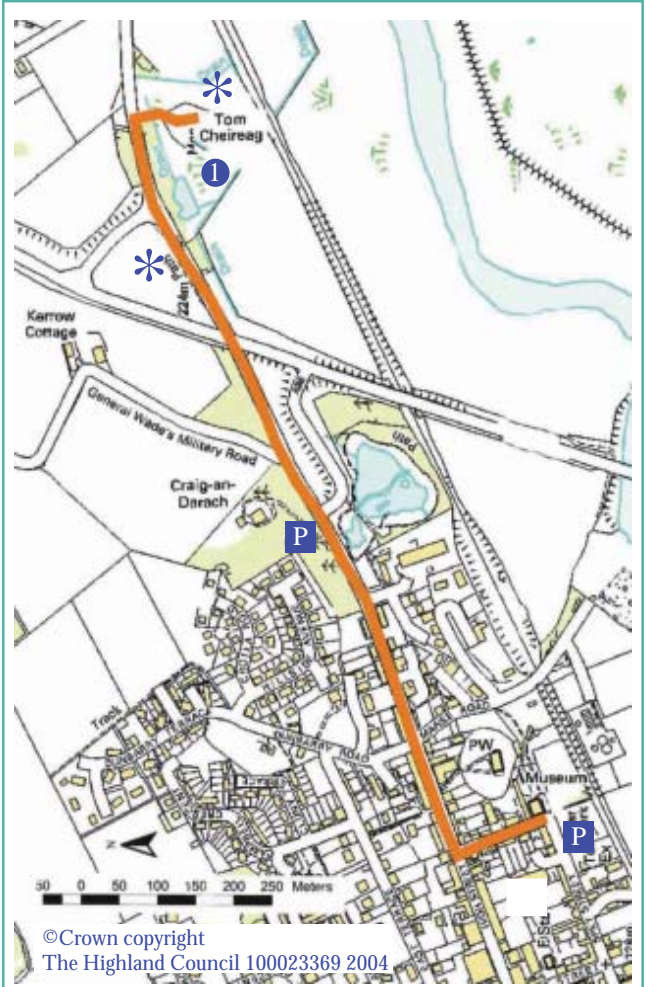
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# Independent Walks Around *Kingussie*

## Route 6: Witches Hill



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## Route 6 Witches Hill

This obvious high point created by glacial activity gives magnificent views to the surrounding hills. This spot has had many uses from burning a local witch to originally siting the war memorial. Sit for a while and enjoy the view.

### DISTANCE:

Approximately 1.2km.

### TIMING:

Approximately 1-1½hrs.

### SURFACE:

Tarmac until the path from the road which is a grassy track.

### OBSTACLES:

Some tree roots, a short steep section.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with \*

### Things of interest to look out for:

- 1 Magnificent views



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# Independent Walks Around *Kingussie*

## Route 7: Ruthven Barracks



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## Route 7 Ruthven Barracks

Built on the site of a medieval castle, these fabulous ruins allow fantastic views over the Insh Marshes, through to the Monadhliath mountains in the east and the Cairngorm massif in the west. The ruins that stand today are the remnants of the huge defence aimed at the rebellious highlanders during the 18<sup>th</sup> century. Route suitable for wheelchairs.

### DISTANCE:

Approximately 1.5km (one way).

### TIMING:

Allow 1-1½hrs.

### SURFACE:

Pavement in Kingussie, tarmac, quiet road.

### OBSTACLES:

None.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with \*

### Things of interest to look out for:

- 1 Ruthven Barracks



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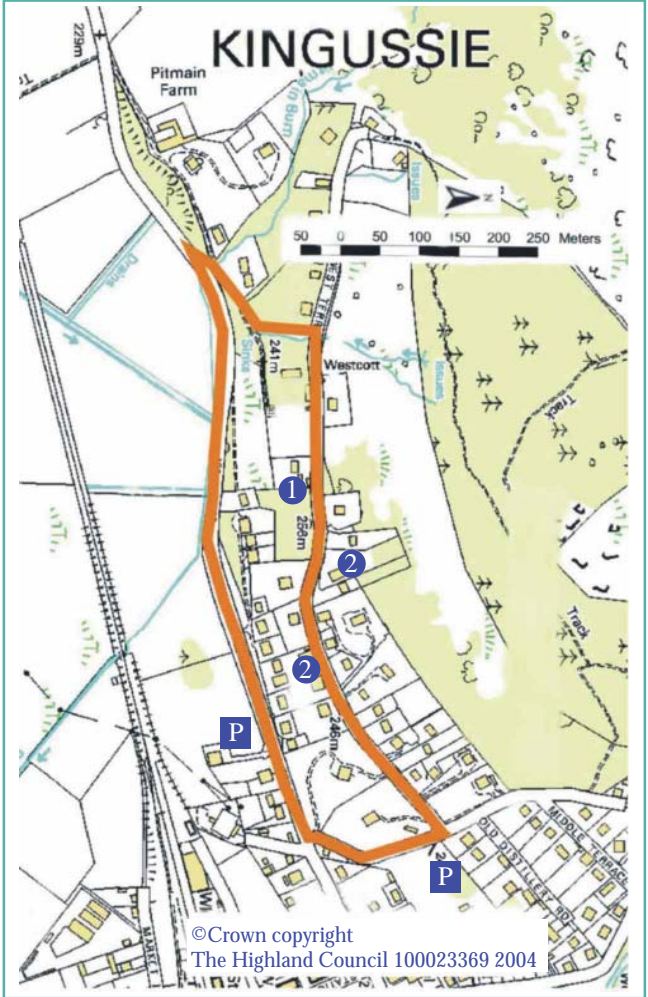
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# Independent Walks Around *Kingussie*

Route 8: A short walk in Kingussie



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## Route 8 A short walk in Kingussie

This route takes you through some large stone houses built in the late Victorian era with their large ornamental gardens. Can you spot the exotic trees and shrubs planted by these gardening enthusiasts? Notice the ornate wooden cottage on the main road, designed and built by an architect as his office.

### DISTANCE:

Approximately 1.5km.

### TIMING:

Allow 30-45mins.

### SURFACE:

Flat tarmac.

### OBSTACLES:

A short steep section between the main road and west terrace.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with \*

### Things of interest to look out for:

- 1 Architecture
- 2 Exotic non-native plants and trees



#### Step it Up! Highland

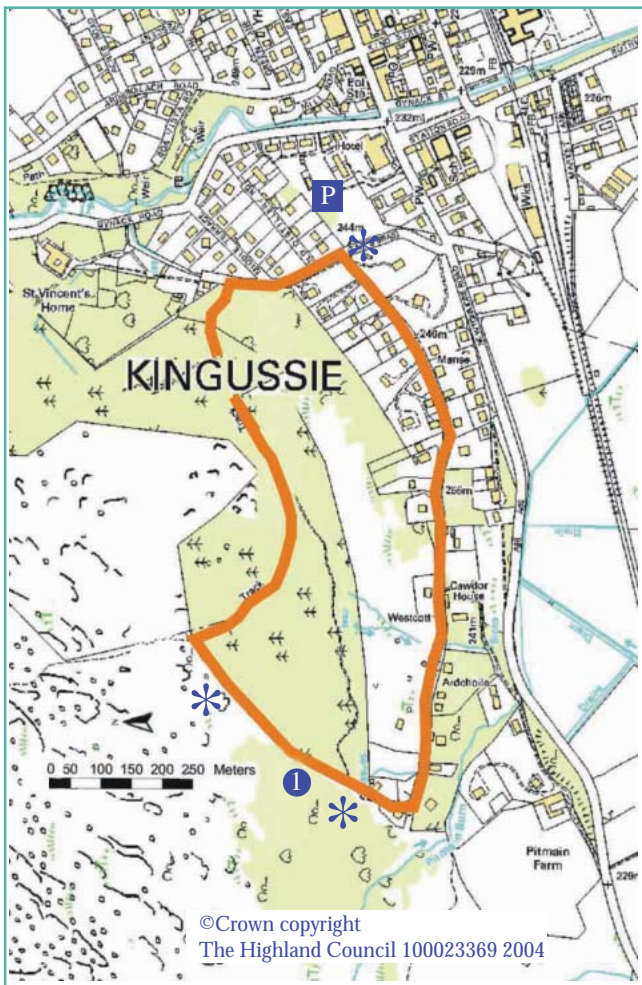
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# Independent Walks Around *Kingussie*

## Route 9: West Terrace Circular



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## Route 9 West Terrace Circular

A walk to build up to, but well worth the effort! Check out the contrast between the various greens of the Scots Pine plantation and the more open and colourful birch and juniper scrub. Sit and relax while enjoying the amazing views over Newtonmore and beyond.

### DISTANCE:

Approximately 2.5km.

### TIMING:

Allow 1-2hrs.

### SURFACE:

Rugged worn path with some loose stones and tree roots.

### OBSTACLES:

None.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with ✨

### Things of interest to look out for:

- 1 Juniper Trees



### Step it Up! Highland

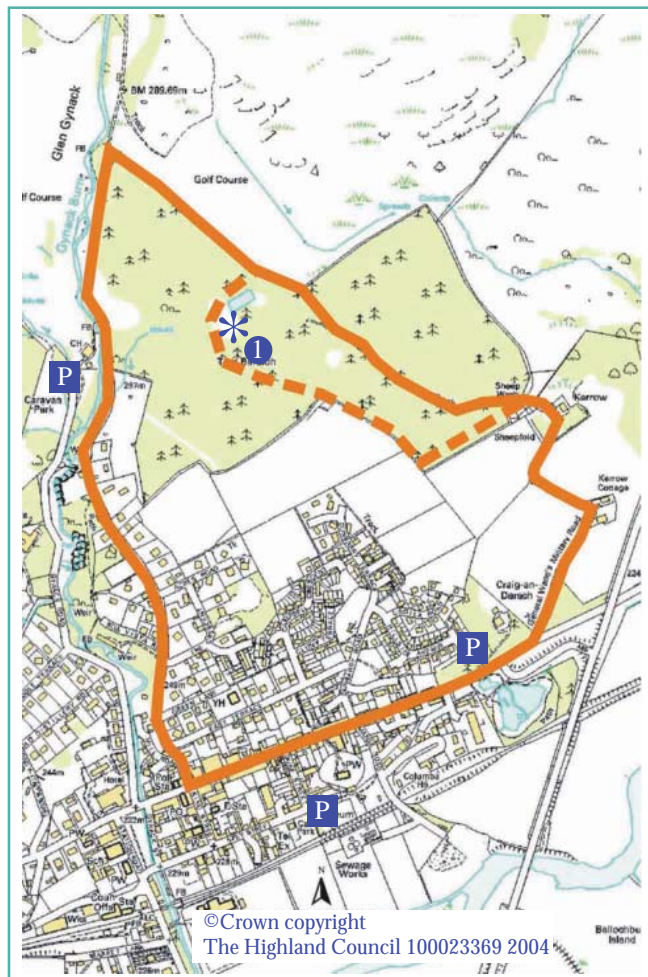
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# Independent Walks Around *Kingussie*

## Route 10: Tom Baraidh Wood



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## Route 10 Tom Baraidh Wood

A peaceful place with its gregarious green mosses and lichens amongst the majestic Scots Pines. Wander aimlessly through the wood at random or take the circular route to the highest point with its magnificent views over the Insh Marshes and the Cairngorm mountains.

### DISTANCE:

Approximately 1.5km.

### TIMING:

Allow 1-1½hrs.

### SURFACE:

Woodland track.

### OBSTACLES:

Some wet areas. A short steep section on the circular.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with \*

### Things of interest to look out for:

- 1 Magnificent views



### Step it Up! Highland

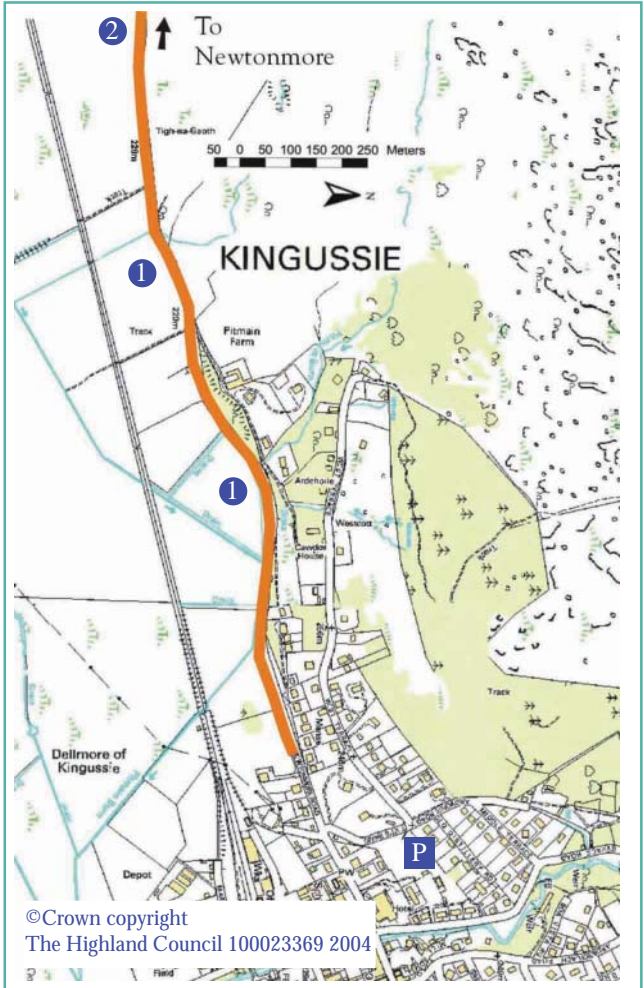
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# Independent Walks Around *Kingussie*

## Route 11: Cycle path to Newtonmore



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## Route 11 Cycle path to Newtonmore

This enviable, safe off road route joins the two communities of Kingussie and Newtonmore. Why not explore? You don't have to go all the way and you can always turn back if you wish. Alternatively, check out the bus timetable and get the bus back! Enjoy the views either way.

### DISTANCE:

Approximately 3.5kms one way to the footpath.

### TIMING:

Approximately 2-2½hrs.

### SURFACE:

Flat tarmac.

### OBSTACLES:

None.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with \*

### Things of interest to look out for:

- 1 Wader birds in the fields
- 2 Folk Park



### Step it Up! Highland

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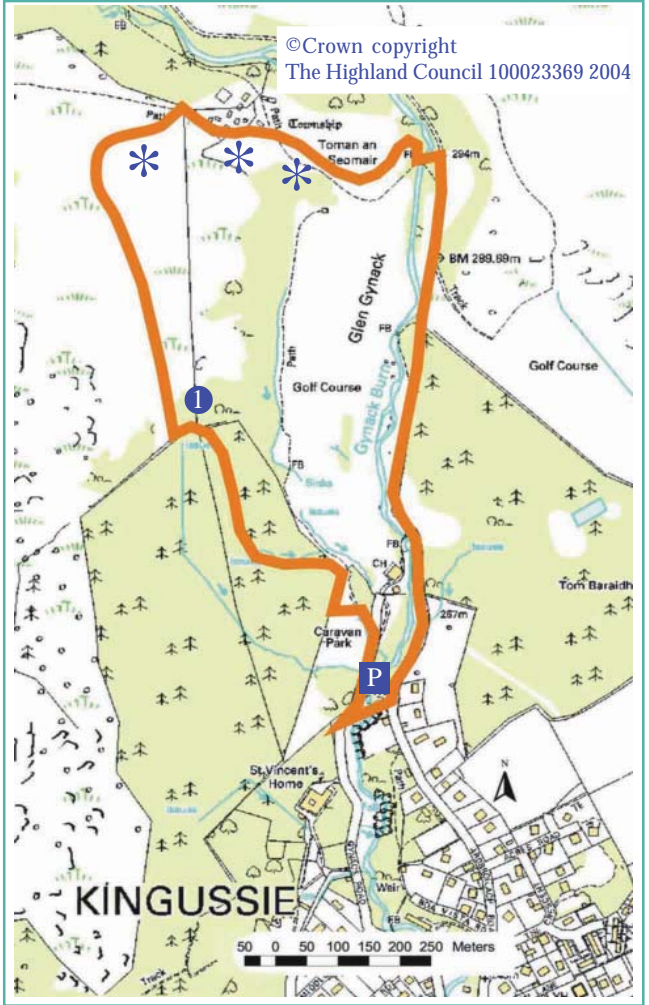
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# Independent Walks Around *Kingussie*

## Route 12: Golf course circular



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## Route 12 Golf course circular

This is a route to build up to, as it is very steep in sections. Choose which direction you wish to explore as you circumnavigate the golf course. Along the way look out for the junipers and some wonderfully craggy old birch trees, the excellent views and the old ruined cottage which is all that remains of the small agricultural township.

### DISTANCE:

Approximately 2.5km.

### TIMING:

Allow 1½-2½ hrs.

### SURFACE:

Rough and wet in places.

### OBSTACLES:

Rocks and very steep in sections.

### CAR PARKING:

See map **P**

### REST POINTS:

Marked on the map with \*

### Things of interest to look out for:

- 1 Wonderful old trees



### Step it Up! Highland

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